

Crimson & White Connection

A ministry of prayer and encouragement to "High School, College, & Singles" (& others, too) on Values + Character + Relationships + the Christian Life
Resources and some back issues available at www.CrimsonWhite.org

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For a free subscription, update your address, feedback, comments or to submit an article, contact us at:

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Crisis, emergency, or to "just talk about something",
call: Your Mom; Your Dad; Your Pastor, or
Rich or Marie Dymmel
(336/674-7564 or 336/908-3652)

Crimson & White? What's this?

... This letter is part of a ministry primarily to students and singles. It started with college students. Now about 60% of the mailing list are college students, 20% middle and high school, and 10% are age 22 to 30, and we'll just leave ages unsaid for the last 10% since, well, they're old.. Articles are on character, values, spiritual life, relationships and more ... and some fun.

The theology position is "conservative," i.e. Jesus is God's Son, eternal, part of the single triune God, born of a virgin, sinless, crucified and risen, and is the *only* way to eternal life. We are free to choose Him. He has told us to be holy and that includes behaviors such as: sex outside of marriage is wrong.

This letter and post cards are sent about twice a month. We're trying to say that you are important enough for us to put this in your mailbox. We care about you and want to encourage your character growth and your spiritual walk.

A second part of the ministry is prayer. We pray for each person on our mailing list as the mail is prepared. When you get mail from us, you know someone prayed for you.

A college student reader chose the name **Crimson and White Connection** based on Isaiah 1:18 in the Bible "Come now, let us reason together," says the LORD. "Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool." The cleansing of our nature and our sins is a universal need. If you base your trust for entrance into Heaven in Jesus, God's Son, and His death and resurrection on your behalf, then your crimson stains are made white as wool. Jesus is the way, the truth, and the life. There is no other way. If you admit that you can not reach God's standard, are repentant and sorry for your short fall (sin) and have asked Him to forgive you, then He has forgiven you. If you are truly repentant, then there will be evidence of that in your actions, your life. -- If the "religion police" were to arrest you, would you be turned loose for "lack of evidence"? Or would the evidence of your actions convict you of being a Christian?

If you have chosen to accept Jesus as Lord of your life, either the first time or again, we would like to know so that we can pray for you and encourage you. Write or call us.

You WILL BE and ARE a slave! But you can CHOOSE your master! CHOOSE God today.

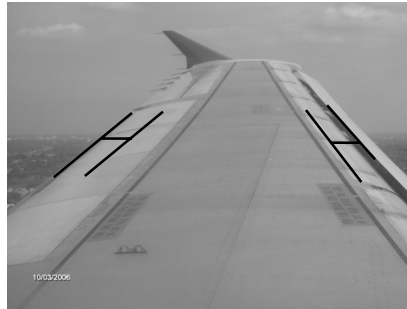
John 3:16 is true. Accept no substitute!

Oct 11, 2006

A Balance of Forces?

By Dr. Richard R. Dymmel, Ed.D., (c) 2006

As we are hurtling along at 525 mph, and a lot of people say I drive fast ... as I write this, we're actually in the air flying out to see the newest member of the family, Nicole, a grandchild born just 3 weeks ago ... I am looking out at the wing and in my math / engineering / overactive, hyperactive (ADHD?) mind is thinking ... A friend once said to Marie, "He's scary. He's *always* thinking. Does his brain *ever* shut off?" ... Anyway, I was looking out the window watching the wing, thinking, "There are laws at work." -- Have you ever watched the wing as a big plane takes off? I like to watch the leading and trailing edges of the wing extend and retract, changing the shape and dimensions of the wing. Do you know why? It goes back to Leonardo DiVinci. He discovered it. It is in his sketches 500 years before the Wright brothers did their thing out there on the



North Carolina beach at Kitty Hawk with the plane they designed and built in Ohio. If the distance over the wing, from the leading edge dividing the air back to where the airflow rejoins, is longer than the distance under the wing, you will get a lifting effect from the difference in wind speeds over the top and bottom surfaces. It's a law of aerodynamics.

I asked my friend Bill, a commercial pilot for one of the major airlines, a simple question, 'How fast is a plane going when it takes off

and lands?' He gave me this double answer: 'About 170 to take off and about 160 to land.' Huh? Slower so it can 'fall' to the ground? No. It's not the getting up or down. In both cases the speed is the speed at which the plane is in an equilibrium of forces, and the pilot can fly it up or set it down. -- Why the speed difference then between take-off and landing? Hmmm.

I want to talk about laws. For a plane to fly, it has to balance forces. Lift must equal the weight. If weight is greater than lift, it falls or doesn't fly and get off the ground. If thrust is greater than drag, it will move forward, even accelerate. Think of the force from the jet thrust to get that many, many TONS of weight to just move and roll down the taxi-way even before taking 20 seconds to get from 0 to 170 mph! Those are laws of inertia and motion and balanced forces.

Similar laws apply to life. Burdens hold you down. Jesus offers to take your burdens and give you lift (Matthew 11:30 KJV For my yoke *is* easy, and my burden is light. Ps 55:22 Cast your cares on the LORD and he will sustain you; 1Peter 5:7 KJV Casting all your care upon him; for he careth for you) so you can soar like an eagle (Isaiah 40:31 NIV: but those who hope in the LORD will renew their strength. They will soar on wings like eagles;) But it's not exactly the same. With a plane, it is a balance. With God, some people want to "balance" the spiritual life with the "world." They want the world but they want heaven, too. They want temptation to leave, but they want it to stay in touch. They try to live with one foot in each. Go to church on Sunday, "put in their time" so to speak, and jump in that pool and swim, actually more like splashing in the knee-deep kiddy pool with Jesus on Sunday, and then jump in another pool and swim neck deep in the world Monday through Saturday. I don't think it is supposed to work that way.

It would be like standing with one foot on the dock and one foot in the boat. The boat is going to leave the dock and you will have to make a decision, a choice. You're

**From the mailbox** (Letters may be slightly edited. We

also remove some personal content and identifying stuff. We won't blab your name or email address.) Your letters and notes encourage us, too.
Rich

* * * * *

This time, a letter from me to you...

We received a couple of the greatest letters from people in the last couple weeks, one was only one sentence another 4 pages. Every note blesses us immensely. The long note is much too personal to print ANY of it. Thank you for the notes.

And thank you for the checks that help pay the bills, we depend on those that send a check regularly and we are blessed by the "surprise" checks when we open the mail. One envelope this week had a \$10 bill in it from a college student. We are touched. Thank you.

Paul in his letter to the Roman church (Romans 15:24) enlisted their help as he headed to Spain to spread the Word. We're not headed to Spain... yet... but we do have readers in Brazil, Sweden, Australia, Germany, and Mozambique. We couldn't do the ministry of the C&WC without help and financial partners. We are grateful for them.

There will be just over 400 copies of this issue that go in the mail to individuals, and another hundred go to a doctor's offices and businesses for the client reading tables, a couple small packets to three churches, and close to 40 are emailed to pastors and churches to make copies. There are 35 that get the daily email devotional thoughts. The web-site gets over 2 hits a day, 82 in September and growing each month. The web-site was a key tool in adding a new re-distribution point recently that will be emailing the C&WC to 200 families, a lot of which have teenagers. We have started an experiment of buying space in a college campus paper to direct readers to the web-site and hopefully they will ask to get connected. That is costing \$75 a placement right now.

Blessings, Rich

* * * * *

PLEASE! It is so costly and time consuming when we get mail returned and do the follow up to get your new address. PLEASE tell us when you move. Or, if you want to stop the C&WC and save us the postage and printing, just tell us.

* * * * *

You can get the daily e-devotionals on a trial basis by just emailing rdymmel@aol.com and say "Like to try the daily email for a couple weeks."

A Balance of Forces? - (Cont. from p.1)

either going to get in the boat or you're not. I like the way *The Message* words Matthew 6:24&25: "You can't worship two gods at once. Loving one god, you'll end up hating the other. Adoration of one feeds contempt for the other. You can't worship God and Money both. If you decide for God, living a life of God-worship, it follows that you don't fuss about what's on the table at mealtimes or whether the clothes in your closet are in fashion. There is far more to your life than the food you put in your stomach, more to your outer appearance than the clothes you hang on your body." The point is, you can't love two things. You can't "balance" these. If you really want to serve God, it can't be a "just on Sunday" thing. That's about as stupid an idea as me saying "I'll love Marie on Sunday, and on Monday through Saturday I love some other woman. Get real! That just doesn't work. If I really love Marie, it can't be just on Sunday and then do what would make her unhappy the rest of the week. In fact, I can't love Marie on Monday through Saturday and then someone else on Sunday. It has got to be a 24/7 thing!

You have to choose.

In Christ, Rich

Do you have a relationship with God where you know He has accepted you just as you are? If not, and you want that, call me at 336-674-7564. Or call 1-888-NEED-HIM. — With God, even if you have gone the opposite direction, you have never gone too far to turn around.

Just an "October Nature Note" to see the beauty God can create (if you get to see it).

Northern Lights

October '06 – Look to the North at night. You may be lucky enough to see a phenomena called the Aurora Borealis or the Northern Lights. I remember seeing it several times when we lived in Michigan. The article said that they have been seen as far south as Arizona and Florida. It is most common in late Summer and early Fall.

They are caused by "solar winds" striking the Earth. Really. There is particulate matter flying off the Sun at ten of thousands of miles per hour. It's "space dust." Which actually partly explains the dust on your TV and dresser top. I read where one of the deep space probes a couple months ago reached the "edge of the Solar System, defined as the edge of the influence of the Sun, because it sent data that the solar wind had decreased by a hundred thousand mph (or some huge significant number like that, I didn't feel like digging in my files this morning to find the actual article again).

Get away from "city" (or campus) lights and look North. — If you don't get to see them, or even if you do, there are some spectacular photos at this web site:
<http://reference.aol.com/space/auroras>

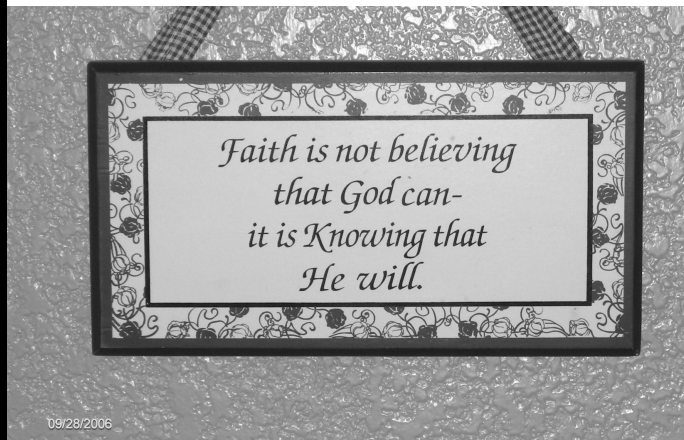
Another thought...

A example of "Faith"

Richard R. Dymmel, EdD © 2006

.... What is 'faith'? Here's one example:

As we are hurtling along at 525 mph ... on our way home, zooming through the upper levels of the atmosphere, over 5 miles off the ground; on our flight West, we were at close to 6 miles high. ... The captain said there was turbulence at higher levels, so he was flying lower so it would be a smoother flight, even though it would consume a little more fuel ... (Which raises a question... Why do planes get better fuel mileage at higher altitudes? Send me an answer and what you'd like for a prize, names of 2 CDs or a book, no promises.) I am looking forward through the "main cabin" (as the head flight attendant said, and I wonder "main cabin? Is there a 'secondary' cabin on this plane?" overactive, hyperactive (ADHD?) mind ...) and



thinking, here I am putting my life in the hands of some guy (probably) that I have never met, can't see or talk to because he has barricaded himself behind that locked cockpit door, and he's controlling this pressurized aluminum tube at 500 mph 5 miles in the sky. That is faith and trust.

Can you see the spiritual comparison?

Do we trust God enough to put our lives in His hands? How about your career? Your love life? I feel He communicates with us, indirectly in many ways, directly through some people at times, and sometimes very directly and personally, like God calling Samuel 3: 1-10. (I won't tell you my personal stories of "voices," some of you it will just convince that I'm a little more than "strange.") Listen. Trust.

In the preview trailer for the new movie "Flicka" about a girl and a horse - - She holds out her hand toward the horse with an

apple in it and says, **"If you want it, you have to come get it. But you have to trust me to do that."**

Hmmm. God can be like that. You have to trust Him. Then you have to come to Him. Then you get the good stuff from Him.

Questions & Prizes

In this issue I'm reverting to my "teacher" mode and my "weird thinking" mode and asking a few questions. If you have a possible answer to any of my questions, write and send it to me by snailmail or email before I assemble the next issue and you might get a prize. I have a couple boxes of CDs and books that I have accumulated for the purpose of giving away and I need to give them away faster. When you send an answer, include what you'd like as a prize, name a couple CDs, artist, title, or style (all Christian artist CDs) or a book title or author or type (fiction, daily devotional, relational like *Secrets of an Irresistible Woman*, *When God Writes Your Love Story* (that's a good one), *Chicken Soup*... books like *Chicken Soup for a College Student's Soul*, Bible reference books, a couple Bibles – The Message, New Century, a small KJV, a small NIV, even the OT and NT on cassettes.

Your name _____

Best way to get back to you (address, etc.)

If I can send it, your preference for...

a CD, Title or artist

(1) _____

(2) _____

Book; Title, author, or subject

(1) _____

(2) _____

Questions...

Why the speed difference between take-off and landing for a commercial jet when, for example, leaving Greensboro, flying 600 miles, and landing in Detroit?

Why do planes get better fuel mileage at higher altitudes?

How about your reactionary thought about the C&WC, a prayer request, etc. ... _____

Debris (2)

by Dr. Richard R. Dymmel (c) 2006

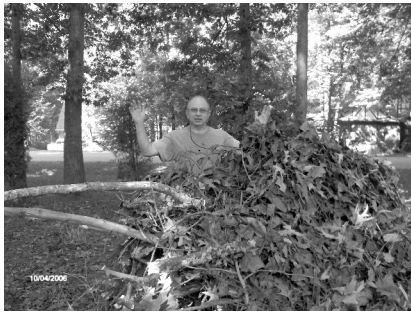
de·bris also **dé·bris** Pronunciation: de-bre or da-bre

n. The scattered remains of something broken or destroyed; rubble or wreckage. Carelessly discarded refuse; litter.

And just one more thought...
The debris keeps accumulating.
 Richard R. Dymmel, EdD © 2006

Remember a little bit ago I wrote about the “debris” that shows up in our lives and my yard. We clean it up ... and ... it doesn’t take long and there is more debris, trash present again. It is a constant process.

While we weren’t even home the last few days and when we called, there had been a “storm” and the yard was littered and a good neighbor came over



and cleaned up our driveway and the part of our back yard that adjoins his house. – (A good neighbor. – Read what a “neighbor” is in Luke 10:29 to 37.) This morning we were out cleaning up the rest of the yard. This is a pretty decent size pile and it is just off the roof and the front yard.

There is the “trash” that is the result of what we do. Like the

bag of trash I put out this morning. We do stuff and it has a leftover that we just need to get rid of, if we can. In life, sometimes the residual from our actions lasts a lifetime and never goes away.

And there is the trash that “just happens.” Satan is roaming about looking for whom he may devour. 1 Peter 5:8 *The Message*: Keep a cool head. Stay alert. The Devil is poised to pounce, and would like nothing better than to catch you napping. And he’ll come along and ... like when you do a google.com search ... and you get 748,000 hits. And you start looking for what you were actually searching for. And click and Bam! You are hit with a porn site. Or, I don’t know how they find me, but I run through periods where I get hit with Instant Messages for a while from people who’s screen names I don’t know ... I don’t even open them. At first I opened a couple, thinking it may be a student or someone legit trying to reach me. Now I don’t open them at all. Some you can sort of tell by the name, others are just a mystery. I don’t respond at all and just hit the [Block] button.

Sometimes we need to be “On Guard” for the trash Satan put in our lives because of what we choose to do. Sometimes we need to protect ourselves by the choices we make to avoid things. And some stuff “just happens” and all we can do is clean up the mess and throw out the trash and keep striving to keep our yard ... life ... cleaned up. It is, again, our choice whether we clean up and get rid of the trash or let it accumulate and just sit in our lives.

Oh, there will be more trash next week. We’ll put another bag out for the trash next week. And the leaves are starting to fall, so pretty soon we’ll start piling those up and burning them. And as I mowed the lawn yesterday, behind the shed, someone had tossed a Mountain Dew can. Sometimes trash is the result of our choices and doing. Sometimes it is other people’s doing and we still get the trash. Sometimes it “just happens,” like the leaves falling. Sometimes a storm brings trash ... there are actually still a couple broken branches from a winter ice-storm a couple years ago that are caught up high still waiting to fall. And Satan is always watching for us to drop our guard and slip something in to trip us up in our walk. Keep alert and keep on watching and cleaning up.

Subject: Fwd: Rain

Date: 7/7/2005

This is really nice. Makes you think how God loves each of us. R.

[I did a search for the first 7 words and found this posted at <http://justiceforall.wordpress.com/2006/06/> and also at <http://www.inspiring-quotes-and-stories.com/rain.html> You can go there and see the rainy day street, animated, in color. Wish there was some “magic” that would let me include it here.]

Don’t we have an
 Awsome God

“ E N J O Y “...
 I just think this
 is very nice....
 Stop at the
 picture for a
 second, and
 watch the
 Rain... then
 read on...



One rainy afternoon I was driving along one of the main streets of town, taking those extra precautions necessary when the roads are wet and slick.

Suddenly, my daughter, Aspen, spoke up from her relaxed position in her seat. “Dad, I’m thinking of something.”

This announcement usually meant she had been pondering some fact for a while, and was now ready to expound all that her six-year-old mind had discovered. I was eager to hear.

“What are you thinking?” I asked.

“The rain! ;” she began, “is like sin, and the wind-shield wipers are like God wiping our sins away.”

After the chill bumps raced up my arms I was able to respond. “That’s really good, Aspen.”

Then my curiosity broke in. How far would this little girl take this revelation? So I asked... “Do you notice how the rain keeps on coming? What does that tell you?”

Aspen didn’t hesitate one moment with her answer: “We keep on sinning, and God just keeps on forgiving us.”

I will always remember this whenever I turn my wipers on.

Subject: Changed by His Love**Date:** 10/2/2006 6:29:57 A.M. Eastern Daylight Time**From:** (Angela Calhoun, who has given permission to reprint her letters)

October 1, 2006

Aloha friends and family-

Wow, what an awesome day/weekend it has been! But... before I go into the events of today, I have to say I typed up a different newsletter a few days ago to send out over email. This was requested of me by a friend but when I went to send it my email would only allow me to send it to just her. The following email God laid on my heart today and I thought I would share. So... this is going to be sent out to everyone even if I have to snail mail it because I want to brag on the awesomeness of my God. So here goes...

Today started off like any other Sunday morning. My alarm went off at eight o'clock am, I rolled over, and reset it for 8:45am! (Normally Sunday mornings are the only opportunity I have to sleep in so I have figured out the latest I can sleep and still make it to church on time!) Any way before my alarm could go off for a second time, the phone rang. It was a potential preschool parent telling me that she wasn't going to be at church today for our scheduled meeting because her son was sick. Once we hung up, I started praying that God would make today special. All of my close friends are off island and I didn't have any plans all day, so I gave the Lord my day and boy did He make it memorable!!

As I made my way into church, I was talking with some friends sharing the news of Sybil (my coworker and friend) having her baby yesterday and the preschool winning fourth place and \$200 in the Aloha Week Parade Float competition yesterday. When we came together to open our church service with praise and worship, each song seemed to just open my heart up more and more. By the third song, I was on my knees before God. The words of the song were...

Majesty (Here I Am) by Delirious
 Here I am humbled by your Majesty
 Covered by your grace so free
 Here I am, knowing I'm a sinful man
 Covered by the blood of the Lamb
 Now I've found the greatest love of all is mine
 Since you laid down your life
 The greatest sacrifice
 Majesty, Majesty
 Your grace has found me just as I am
 Empty handed, but alive in your hands
 Majesty, Majesty
 Forever I am changed by your love
 In the presence of your Majesty
 Here I am humbled by the love that you give
 Forgiven so that I can forgive
 Here I stand, knowing that I'm your desire
 Sanctified by glory and fire
 Now I've found the greatest love of all is mine
 Since you laid down your life
 The greatest sacrifice

Boy, was I humbled! The wretched sinner that I am, God still chooses to bless me with precious gifts like the birth of a friend's baby and winning a prize for our float.

God didn't tell me... 'In order to be my child, you have to clean up your act.' No! In fact, His loving hand picked me up right where I was and He loved me! He loved me enough to die for me. That has changed me forever- Not only do I get to spend eternity praising my precious Savior in Heaven but I know beyond a shadow of a doubt that nothing I do will change God's love for me.

That is such a humbling thought that He loves me even when I do things that He has specifically told me not to do like "Do not worship other gods" and I turn around saying "I am doing this today." By me planning my day without asking God what He wants me to do, I am worshipping me and making an idol out of my time. God totally blew me away today by reminding me that when He is included first in the day, the day goes so much smoother and I get blessed in return.

So after an awesome message through song, we watched a slideshow of our high school students at "See You at the Pole". On our small island, 43 students showed up and prayed for their school, families, friends, island, state, and nation. Seeing all of those young people bowing their heads, standing in the gap for the place where they live. It was powerful!! God convicted my heart that I don't pray enough!

All of the "lessons" took place before Pastor Randy even started his prepared message. God was about to teach me a couple of other very important lessons. Remember when I said I didn't have any plans for the day, God had plans already set up for me. We had an island wide prayer meeting scheduled for 3 o'clock (that I had forgotten about) and then a preschool family invited me up for dinner.

At 3, I went down to New Hope Retreat Center for 'United in Prayer' for a time of youth led worship. Then we broke into teams and went to all of the different schools on Molokai walking and praying around the school building for the students, faculty, staff, and administrators. I chose to pray at Akaula with Pastor David and Shirley Nanod. What a blessing it was for me to spend time and pray with this couple who love the Lord and this island!

Auntie Shirley and I worked together last year and became friends and prayer partners. So she encouraged me with the work at preschool and we prayed for the children and their families. We also got to catch up on what was going on in one another's life. When I got back in my car to leave I felt like I could have floated home... Such a feeling of peace and excitement for what the Lord is doing in this place.

I headed up to the Go's for dinner and was treated to a wonderful home cooked dinner of porkchops, salad, and noodles. We talked story for almost four hours but it was such a blessing to finish up my day fellowshiping with friends.

By now it is after midnight, I am very thankful I am on fall break, so I don't have school tomorrow. I love each one of you so much and pray that each of you will experience the greatest sacrifice when Jesus laid down His life for you. May you be changed by His love, too!!!

Much love and God's blessings,
 Angela

Angela Dawn Calhoun hyn_angel@yahoo.com
 PO Box 9 Hoolehua, HI 96729

I'd rather be ridin' a mule on Molokai!!!

"The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid?" -Psalm 27:1

And one more thought...

Break the laws?

Richard R. Dymmel, EdD © 2006

There are laws, lots of them. Like the “Law of Gravity.” If you drop a bowling ball and your toe is directly below it, in a very short time, you are going to feel a sudden onset of pain. Unless there is something intervening in between, like a table, bench, net, or cable attached to the bowling ball to prevent it from falling. Then we are depending on the laws of gravity be balanced by a force exerted by the tensile strength of the cable. If is a single strand of kite string holding the bowling ball... well, I hope you have decent medical insurance and a high pain tolerance.

There are God’s laws... some people say “lots of ‘em, too. Too many for me. I can’t do it.” I bought the Bible on CD so I can listen while I drive. Okay I’m not paying as close attention as if I were reading maybe, but the truth is, I’m a slow reader. I get things better if someone tells me, if I listen. So for me, listening to the Bible on CD is better than reading for me. In the last couple weeks I’m through the first 13 CDs. That’s over 13 hours. That’s through Numbers. And they’re right; God laid down a BUNCH of rules and laws. There is everything from the price of a goat, the repayment for restitution if you kill someone’s sheep, to how many doves to bring to the altar for sacrifice. From the price of farm land, and that land reverts to the original family owners every 50 years, so if you “buy” a farm, you are actually only signing a lease up until the 50 year Jubilee when it reverts back. There are laws for crimes like theft, manslaughter, and murder and adultery/fornication. The last one there, they were super-serious about it; it carries a death penalty by stoning.

There are so many rules! How can we even remember them all? So what are we to do?

Well, actually that is the purpose of God’s laws: to make you realize that you can’t keep them all. And if you want to come to God, you need to be perfect. So since we can’t do it, God provided a way, Jesus.

Me? I’m a “cut to the chase, give it to me simple” kind of guy. I like Jesus. The “scholars” were trying to trip Jesus up. See, these guys not only had the “law,” that’s Genesis through Deuteronomy, and they had memorized all that, memorized mind you all that, by the time they were about 10 years old, and these guys had memorized the whole of what we now call the Old Testament by the time they were about 17. Then the Pharisees, these were the “super-religious group,” they had added a whole more detail set of rules. These guys come to Jesus and ask, “What is the greatest law of the laws?” Sort of a trick question. It’s like asking which is more breaking the law: going over the speed limit or parking in a no-parking zone? They both break the law. Right?

So Jesus says, (Rich’s paraphrase, Matthew 22:36-40) “Look guys, you aren’t getting it. It’s not about the rules. It’s like the commercial for the Christian radio station – oh, I forgot you don’t have radio yet, you will someday, and someday my followers will be called Christians, they will do that first at Antioch (Acts 11:26) – it’s still like this, it’s not about religion, it’s not about

rules, it’s about a relationship. It’s about your relationship with God and that then is reflected in your relationships with people. First you love God with all you’ve got, your heart, mind, intellect, soul, oh, and all your stuff, and then you love your neighbor. All God’s rules are based on those two principles.”

Think about it. All the temple rules show people about holiness and worship. The laws about people... if you love your neighbor will you steal from him, cheat him, use a scale that cheats, overcharge them interest, lie to or about them, steal their spouse or animals? Do you see it?

Avalon sings a song I like. – “With every breath I take I will testify to love.”

As for the relationship with God... All the laws about sacrifices show us that we can’t be good enough, so there has to be a sacrifice. Jesus is called the “Lamb of God.” He was the ultimate sacrifice. – God must be a “guy” because “guys” like to fix things. God used two boards and three nails to fix the problem.

Of course, Rich. I’d love for you to have use of it [copy these 2 brief pieces]. Blessings, Jerome 10/7/06

Jerome Daley, author, Life Coach – onPurpose Coaching – oneFlesh Ministries -- <http://www.purposecoach.net/wb/>

How Do You Really Change?

The answer to this simple question highlights the *essential divide between Christian coaching and secular coaching*. Both speak of alignment. The secular approach to coaching stresses the unity of the soul—bringing mind, emotion, and will into a singular vision. In other words, the power of self.

The truth is that internal unity does release power...but it’s not enough for lasting change. It may be enough to change certain *habits* or patterns of behavior, but it can never change **the condition of the heart**. That is only accomplished by the loving intervention of Jesus himself.

Christian coaching also speaks of alignment, but in this case, it’s *the alignment of our soul with the alignment of God’s intentions* that releases power for change at the deepest level.

Changing Your Mind

Jesus used a word that makes us uncomfortable—the word “repentance”. The secular mind sees this as a source of shame, but they’re mistaken. The definition of guilt is to **do wrong**; the definition of shame is to **be wrong** in your very person. Big difference! To recognize that you have done something wrong is an invitation to change.

The Holy Spirit causes us to feel guilt and desire change. When we respond to that desire by turning away from an old pattern, choosing a new direction, and then accessing the authority of Christ (repentance), power is released at a heart-level that propels us forward into a new life!

Where is God awakening you to the need for lasting change?

Do you know? How will you access the power for that change?

email delivery “You’ve got mail.”

- I like that movie... - A couple people have suggested that some college students do EVERYTHING by email and can't even remember their campus mailbox number. Our experience for some time was that a physical piece of mail was preferred by everyone we talked to. But we'll make that an option. If you would PREFER to get the C&WC by email just let us know. We will deliver by either method.

Mostly just for fun...

Our co-worker kept trying to get her mother to fly out for a visit. “No way am I getting on an airplane,” was the inevitable answer.

“Look, Mom, when it's your time to go, it doesn't matter if you're on the ground or in the air.”

“I know,” said her mother. “I just don't want to be that far off the ground when it's the pilot's time to go.”

A man and his wife had been debating the purchase of a new auto for weeks. He wanted a new truck. She wanted a fast little sports car so she could zip through traffic around town.

He would have settled on a used truck, but everything she seemed to like was way out of their price range.

“Look!” she said. “I want something that goes from 0 to 200 in 4 seconds or less. And my birthday is coming up. You could surprise me!”

For her birthday, he bought her a brand new bathroom scale. Assault charges are pending.

* **Guaranteed to Roll Your Eyes** *

When Peters learned that he was being fired, he went to see the head of human resources. “Since I've been with the firm for so long,” he said, “I think I deserve at least a letter of recommendation.”

The human resources director agreed and said he'd have the letter that next day. The following morning, Peters found the letter on his desk. It read, “Jonathan Peters worked for our company for eleven years. When he left us, we were very satisfied.”

Control Seminar

The company I work for sometimes puts on what they call “Lunch and Learn” seminars during the employees' lunchtime, dealing with a variety of physical and mental health issues. If the seminar lasts beyond the normal lunch hours, we're supposed to get managerial approval to attend.

So, last week, this flier came around:

* LUNCH AND LEARN SEMINAR:

* WHO'S CONTROLLING YOUR LIFE?

* (Get your manager's permission before attending)

Looks like that question's been answered...

When Little Johnny's family moved into their new house, a visiting relative asked him how he liked the new place.

“It's terrific,” he said. “I have my own room, Billy has his own room, and Jenny has her own room. But poor Mom is still in with Dad.”

After delivering a lecture on drawing, I gave my art class its assignment—complete a self-portrait. A young man in the front row raised his hand and asked, “Of anyone?”

Share with someone

Giving a friend a copy of this letter and asking them if they would like to get it too, is an easy way of witnessing and starting a conversation about God.

If you'd like to be on our mail/prayer list, and have the Crimson & White Connection mailed free to you, fill this out and mail it to:

4401 Wild Oak Lane, Greensboro, NC 27406-8306

*** or email to Rdymmel@AOL.com ***

Under 18 requires a parental approval SIGNATURE please.

☐ No thank you, remove my name

☐ Please send ONE SAMPLE ISSUE to evaluate

To subscribe, check ‘Yes’ below and fill in completely.

☐ Yes, Please send me the C&WC (signature) _____

☐ Check here to get the C&WC by email attachment and not by snail-mail.

***Under 18? Parental permission* :** _____

I've read the _____ issue, send the next one, please.

Please tell us how you found out about the C&WC. _____

Name _____

Home address _____

City, St. ZIP _____

Phone _ (____) _____

Home e-mail address _____

Birthdate _____

School: _____

___ in the Fall or ___ now, I am in (what grade/year) ...

8 9 10 11 12 HSgrad. F S J S Col.grad. GrdSch PGr

‘at-school’ address, if different _____

City, St. ZIP _____

Phone _ (____) _____

School e-mail address _____

Becoming a Christian: A-B-C's

A – Admit that you're a sinner. You just can't meet God's standard. The Bible says, “All have sinned and come short of the glory of God.” Romans 3:23 (also see 1 John 1:8).

B – Believe that Jesus was the Son of God and died in your place, took the punishment for you. The Bible says, “For God so loved the world (that includes you) that he gave His only begotten son (that's Jesus) that whosoever (that's you again) believes in Him should not perish (that's saved from eternal death, Hell) but have eternal life (given eternal life with God, that's “salvation” or to “be saved”).” John 3:16

C – Confess your sin to God. – The Bible says, “If we confess (own up to) our sins, he is faithful and just to forgive us our sins and cleans us...” 1John 1:9.

S – Submit yourself to His commands and control.

Want Jesus in your life? Pray this prayer: “*Lord Jesus, I confess to You my sin and need to be saved. I turn away from my old sin and place my trust and faith in You as the only way to be saved.*” Now contact your pastor, or contact us at 1-336-674-7564, or call 1-888-NEED-HIM, and say, “*I just asked Jesus to be my Lord.*”

Crimson & White Connection

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mail it to them?***

***If they have a NEW ad-
dress, would you send
that to me?***

Someone PRAYED for YOU and mentioned YOUR NAME before God's throne
as this was prepared for mailing. God bless and watch over you today.

Oct 11, 2006

Balance of Forces? -- Laws? --
Change -- Debris (2) -- Faith -- Rain --
Changed By His Love

A publication so dangerous it now
comes with it's own warning label.

WARNING

Do not read the Crimson &
White Connection unless you
want your HEART
ENCOURAGED and your MIND
CHALLENGED and your
SPIRIT PRODDED

Yes! This is a subversive, challenging, counter-
culture publication. That's what Christianity is - a
counter-culture. This should have a warning label.

**When you build
bridges you can
keep crossing
them.**

Author Unknown

**“God’s timing is
always perfect,
even when we
don’t realize it at
the time.”**

Almost the last line in the movie “Loves Abiding Joy.”
Good movie. Rated “G” but definately NOT a children’s movie.