January 21 is "National Hugging Day."

1 ⊕ - Here's one big hug (as in X's and O's)



- 2 ⊙ Read and follow these directions. Place your left hand under your right arm and as far around your back as you can reach. Place your right hand as far around behind your left shoulder as you can. Now pull gently with both hands. You have just received a "long distance hug" from me. (Some hugs do require a minimal effort to receive.)
- 3 ⊙ Cut out and use the "Hug Coupon" (or leave the whole card intact) and get at least one more hug today. Keep and use the card yourself, or pass this card on. You can contact **C&WC** and ask for extra Hug Day cards or Valentine's Day cards.

** National Hugging Day is a for-real-copyrighted holiday. See the other side for an explanation. **

Hug Coupon

(Not limited to National Hugging



Day, January 21st) Good for one hug. redeemable from any participating human being.

May be redeemed with multiple people.

Limited to 73,000 hugs/coupon/yr., 200/day (But nobody's keeping count, so just keep hugging)

National Hugging Day was founded and copyrighted in 1986 (www.nationalhuggingday. com). It is based on Mark 10: 13-16 where Jesus hugged!!!

Mark 10:13-16 (part of it, from the KJV) - -"And they brought young children to [Jesus], that he should touch them: And he [Jesus] took them up in his arms [that's a hug, I'm a Grampa, I know] put his hands upon them, and blessed them."

When you read that whole passage, there is a little more there, too. The disciples "shooed them away." (as The Message puts it) but "Jesus was irate and let them know it: "Don't push these children away. Don't ever get between them and me. These children are at the very center of life in the kingdom. Mark this: Unless you accept God's kingdom in the simplicity of a child, you'll never get in."

To accept God's kingdom, you don't need a PhD in Divinity. You accept it by believing like a child. A child doesn't believe something because they are ignorant. A child believes because they trust the one telling them. Trusting someone might be scary. Trusting an invisible God can be scary, too, till you learn to trust Him. He never fails. Trust me. I know, I've experienced Him and seen His work. Rich

God bless and watch over you today.

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For a FREE subscription to ~18 mailings a year contact: RDymmel@AOL.com or go to www.CrimsonWhite.org

Crimson & White Ministries

4401 Wild Oak Lane, Greensboro, NC 27406

Someone PRAYED for YOU and mentioned YOU before GOD'S THRONE. God bless and watch over you today.

C&WM mails "letters" of encouragement about 18 times a year targeted at students, but read by all ages. Topics include character, morals, values, relationships, sex, devotional thoughts, and the Christian life. Write or email and ask for a free sample. Subscriptions are FREE after you've seen a sample.

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